

Occupational Health Services



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Introduction

A proactive approach to workplace health

We have partnered with a leading occupational health provider to offer access to doctor-led teams of expert clinical staff. Services are delivered at your site, or at one of 16 clinics near you.

Medical assessments

Medical assessments are specifically tailored to meet the requirements of your organisation and sector. From train drivers and oil and gas offshore workers to those who work at a desk or in a warehouse, you will have access to experts who will provide the assurance that your new starter is fit for task.

Health surveillance

Health surveillance is a programme for checking the impact that the hazards of your workplace may be having on your employees. You have a responsibility to protect your team from the effects of noise, vibration, harmful substances, and other hazards. We can support your health surveillance programmes through assessments that monitor the impact of these hazards.

Management referrals

Management referrals can help your organisation to take a proactive approach to the health of your workforce. Impartial, expert advice from our clinicians can help you to make management decisions regarding individual cases of ill health in your team. The management referral report will help get your staff back into the workplace following illness, and improve morale and productivity.



Medical Assessments

Airside Driver Medical

Only available in London clinic

Assessment for airside drivers at airports

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 3yr

Asbestos Medical (Non-Licensed)

Only available in London clinic

Assessment for non-licensed workers working with asbestos

Assessment: Face to face assessment with a Doctor

Content: Questionnaire, height, blood pressure, full spirometry, basic respiratory examination

Outcome: Certificate

Validity: N/A

Comprehensive Occupational Health Assessment

A detailed occupational health assessment

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, spirometry, general mobility, musculoskeletal assessment, skin assessment, HAVS tier 1 / 2 questionnaire, anxiety/depression questionnaire, alertness and general wellbeing

Outcome: Report

Validity: 3yr up to age 64, 1yr age 65+

Confined Space Medical

Assessment for workers in enclosed space with limited entry/exit

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 2yr up to age 49, 1yr age 50+

Confined Space and Breathing Apparatus Medical

Assessment for workers in enclosed space with limited entry/exit who use breathing apparatus regularly

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, full spirometry, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 2yr up to age 49, 1yr age 50+

Crane Driver Medical

Assessment for crane operators (see separate listing for Tower Crane Operator / Working at Height Medicals)

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 3yr up to age 64, 1yr age 65+

Fitness for Overseas and Remote Locality Assessment

Only available in London clinic

Assessment for employees working overseas and/or in remote locations.

Assessment: Face to face assessment with a Doctor, X-ray outsourced to partnered provider if required.

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, spirometry, general mobility (plus step test if requested), full physical examination/systems review, may require ECG/chest X-ray dependent on client request, alertness and general wellbeing

Outcome: Certificate or completion of client's own paperwork

Validity: Dependent on reason for assessment

Fitness for Task Medical

Assessment of overall fitness and safety for specific tasks/job role

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, alertness and general wellbeing

Outcome: Report

Validity: 3yr up to age 64, 1yr age 65+

Fork Lift Truck Driver Medical / Mobile Elevating Work Platform

Assessment for forklift and mobile elevated work platform operators.

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 3yr up to age 64, 1yr age 65+

HGV/LGV/PCV Driver Medical

Assessment for current or new HGV drivers

Assessment: Face to face assessment with Doctor.

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, limited audiometry, general mobility, alertness and general wellbeing

Outcome: Completion of a DVLA D4 form

Validity: N/A

Management Referral

Bespoke assessment, at company's request, to address health concerns raised by management

Assessment: Face to face, virtual or telephone assessment with Occupational Health Advisor or Doctor

Content: The employer will be asked to complete a referral form. The form is designed to assist management to provide as much information as possible to ensure that the referral is appropriate, and information is available to the medical practitioner at the time of the assessment. During the appointment the employee will be asked about their work duties, health concerns and any impact of health on work or work on health. In some instances, a basic physical assessment may be carried out. It may also be necessary to obtain further information from a GP or specialist and if so, written consent will be required from the employee

Outcome: Report

Validity: N/A



Management Referral Letter to GP or Other Health Professional

Manual Worker Medical

Assessment for manual workers

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, peak flow, general mobility, musculoskeletal assessment, skin assessment, HAVS tier 1 / 2 questionnaire, alertness and general wellbeing

Outcome: Report

Validity: 2yr up to age 49, 1yr age 50+

Medical Questionnaires

Range of questionnaires, including Fitness for Task, Office Worker, Night Shift Worker, New & Expectant Mother, Audiometry, HAVS, Skin Assessments.

Assessment: Questionnaire reviewed by Technician, Nurse or Doctor

Content: Questionnaire only

Outcome: Report

Validity: Dependent on reason for assessment

Musculoskeletal Assessment

Assessment of workers who may be at higher risk of musculoskeletal problems

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Assessment of overall range of movement and flexibility in neck, back, upper and lower limbs

Outcome: Report

Validity: N/A

New and Expectant Mother at Work - Risk Assessment Questionnaire

Questionnaire-based assessment to help identify if there are any issues or concerns about health and safety risks for the new or expectant mother

Assessment: Questionnaire, reviewed by a Doctor

Content: Questionnaire

Outcome: Report

Validity: N/A

New and Expectant Mother at Work - Risk Assessment and Doctor Consultation

Face-to-face assessment to help identify if there are any issues or concerns about health and safety risks for the new or expectant mother

Assessment: Face to face assessment with a Doctor

Content: Questionnaire, may require checks such as blood pressure or urine if there are any concerns

Outcome: Report

Validity: N/A

Night Worker Medical

Assessment for those who work night shifts

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, general mobility, alertness and general wellbeing,

Outcome: Certificate

Validity: 1yr

Office Worker Medical

Assessment for those working in office environments

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, urinalysis, peak flow, full audiometry, general mobility, alertness and general wellbeing

Outcome: Report

Validity: 3yr or according to company policy

Offshore Energies UK Medical

Only available in London clinic

Assessment for offshore oil and gas workers.

Assessment: Face to face assessment with Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, spirometry, general mobility (plus step test if requested), full physical examination/systems review, may require dental certificate or other additional information if indicated, alertness and general wellbeing

Outcome: Certificate

Validity: 2yr

Offshore Energies UK Medical (with Fitness for In-Water Training Certificate)

Only available in London clinic

Assessment for offshore oil and gas workers.

Assessment: Face to face assessment with Doctor. X-ray outsourced to partnered provider if required

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, full audiometry, spirometry, general mobility (plus step test if requested), full physical examination/systems review, may require dental certificate or other additional information if indicated, alertness and general wellbeing

Outcome: Certificate

Validity: 2yr

Plant Operator

Assessment for workers operating construction machinery

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, near vision, peripheral vision, colour vision, urinalysis, peak flow, full audiometry, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 3yr up to age 64, 1yr age 65+

Respirable Crystalline Silica (RCS) Medical

Assessment for workers exposed to RCS. A chest X-ray is required at the first visit and every 3 years thereafter - please see Chest X Ray within 'Standalone Assessments'.

Assessment: Face to face assessment with Technician, Nurse or Doctor. X-ray outsourced to partnered provider.

Content: Questionnaire, height, blood pressure, full spirometry, basic respiratory examination if indicated, chest X-ray at first visit and every 3 years after

Outcome: Certificate

Validity: 1yr or dependent on outcome

Safety Critical Medical

Assessment for safety critical workers

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, full audiometry, general mobility, alertness and general wellbeing

Outcome: Certificate

Validity: 3yr up to age 64, 1yr age 65+

Working at Height Medical / Tower Crane Medical

Assessment for tower crane operators and others working at height

Assessment: Face to face assessment with Technician, Nurse or Doctor

Content: Questionnaire, height, weight, BMI, blood pressure and pulse, distance vision, peripheral vision, colour vision, urinalysis, peak flow, full audiometry, general mobility, alertness and general wellbeing, step test

Outcome: Certificate

Validity: 3yr up to age 39, 2yr age 40-49, 1yr age 50+

Health Surveillance

Hand Arm Vibration Syndrome (HAVS) Tier 1 Questionnaire

Baseline questionnaire for employees starting work with vibrating tools

Assessment: Questionnaire, reviewed by Technician, Nurse or Doctor

Content: Questionnaire to identify if the candidate has symptoms suggestive of HAVS or carpal tunnel syndrome

Outcome: Report

Validity: 1yr

Hand Arm Vibration Syndrome (HAVS) Tier 2 Questionnaire

Questionnaire for those continuing in work with vibrating tools. The results of the questionnaire will indicate if further assessment (Tier 3) is needed

Assessment: Questionnaire, reviewed by Technician, Nurse or Doctor

Content: Questionnaire to identify if the candidate has symptoms suggestive of HAVS or carpal tunnel syndrome

Outcome: Report

Validity: 1yr

Hand Arm Vibration Syndrome (HAVS) Tier 3 Questionnaire and Medical Assessment

A comprehensive and detailed assessment for those that have declared symptoms on their Tier 1 or 2 questionnaires to identify if further assessment (Tier 4) is required

Assessment: Face-to-face assessment by a Technician or Nurse

Content: Questionnaire, In-depth clinical HAVS assessment

Outcome: Report

Validity: Dependent on the findings of the assessment

Hand Arm Vibration Syndrome (HAVS) Tier 4 Questionnaire and Medical Assessment

Only available in London clinic

A comprehensive and detailed assessment for those who have findings on Tier 3 that suggest HAVS or carpal tunnel syndrome. This is when a formal diagnosis is made by a suitably qualified Doctor

Assessment: Face-to-face assessment with a Doctor

Content: Questionnaire, In-depth clinical HAVS assessment

Outcome: Report

Validity: Dependent on the findings of the assessment

Three Yearly Hand Arm Vibration Syndrome (HAVS) Tier 2 Consultation

HSE recommends that after 3 years of reporting no symptoms, a consultation takes place to explore if symptoms may be experienced but their significance has not been appreciated. The results of the questionnaires will indicate if further assessment (Tier 3) is needed

Assessment: Face-to-face assessment with a Technician, Nurse or Doctor

Content: Questionnaire with in-depth consultation

Outcome: Report

Validity: 3yr

Hand Arm Vibration Syndrome (HAVS) Tier 5 Questionnaire and Medical Assessment

Only available in London clinic

A qualitative assessment for those who have symptoms or signs of HAVS, studying progression of the disease and helping to decide on fitness for work

Assessment: Face-to-face assessment with a Doctor

Content: Questionnaire, Clinical HAVS assessment, Standardised sensorineural tests (vibrotactile and thermotactile tests)

Outcome: Report

Validity: Dependent on the findings of the assessment



Standalone Assessments

Audiometry Assessment / Hearing Test

Standalone hearing assessment with full audiometry

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Questionnaire, audiometry assessment

Outcome: Report

Validity: Dependent on reason for assessment

Blood Pressure Test

Standalone test to measure blood pressure

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Blood pressure check

Outcome: Dependent on reason for assessment

Validity: Dependent on reason for assessment

Chest X Ray

Standalone chest X Ray via a specialist imaging partner.

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Blood pressure check

Outcome: Dependent on reason for assessment

Validity: Dependent on reason for assessment

ECG

Standalone electrocardiogram

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Resting ECG

Outcome: Report / Copy of the ECG

Validity: N/A

Isocyanate Monitoring

A urine test to measure isocyanates

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Urine test

Outcome: Copy of results

Validity: N/A

Respiratory Assessment

Standalone respiratory assessment to assess lung function

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Questionnaire, height, blood pressure, full spirometry

Outcome: Report

Validity: Dependent on findings

Skin Assessment

Assessment for workers who may be exposed to skin sensitisers.

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Questionnaire and examination of the skin on forearms and hands

Outcome: Report

Validity: Dependent on findings

Spirometry Test

Standalone spirometry to assess lung function when indicated from previous assessment/follow up appointment

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Height, blood pressure, full spirometry

Outcome: Dependent on findings

Validity: N/A

Vision Assessment

Standalone vision assessment

Assessment: Face to face assessment with a Technician, Nurse or Doctor

Content: Dependent on reason for assessment - may include distance test, colour vision test, near vision test

Outcome: Dependent on reason for the assessment

Validity: N/A



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